

Race for Recovery

Event Date

Sat, Nov 11 2023, 8am

<https://runsignup.com/Race/Events/NC/Beaufort/LoavesandFishesRunForRecovery>

The 5K Run/Walk to Save Lives!

Drug and alcohol substance abuse has touched many friends and families and has reached epidemic proportions: In America, 182,500 died of overdoses in 2020 compared to 103,000 in 2019. That's 500 people dying per day.

An average of 9 North Carolinians died each day from a drug overdose in 2020, a 40% increase from the previous year. Source: The North Carolina Department of Health and Human Services, Mar 21, 2022. Every 10 days someone overdoses in Carteret County. Join us in this fight to save our loved ones and friends.

Run for Recovery's objectives: 1) raise awareness of this epidemic; 2) raise scholarship money for men that cannot pay for their treatment (counseling, transportation and shelter) in the Loaves and Fishes' recovery program. This is a Christ-centered ministry for men battling drug addiction and alcoholism (NC registered public charity, 501 (c) (3)).

Get in shape - Come walk/run with us, any distance!

Learn more about Race Course Signs you can make and carry or purchase with a donation in the paragraph below. Give in memory of a loved one lost to addiction. Honor someone recovering from addiction.

This year we will be offering both in-person and virtual events! Nov 11 is in-person for Run and Walk. Nov 11 and 12 is virtual. Runners and Walkers start at 8:00 AM. Virtual participants can enter their time on the Racejoy app anytime between Nov 11 and Nov 12.