FAQs About Healthcare

The following FAQs pertain to the COVID-19 Stay at Home Proclamation as amended and restated on March 29, 2020.

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Related Questions

MY FAMILY MEMBER IS SICK, CAN I GET SICK LEAVE TO TAKE CARE OF THEM?

The Families First Coronavirus Response Act (FFCRA) requires certain employers to provide employees with paid sick or family leave for specified reasons related to COVID-19.

WHAT IF I NEED TO GET HEALTHCARE FROM MY MEDICAL PROVIDER?

Call ahead and follow their guidance.

WHAT SHOULD I DO IF I'M SICK AND NEED TO GO TO THE HOSPITAL OR A MEDICAL PROVIDER? HOW CAN I PROTECT OTHERS?

Stay home and avoid contact with others. Do not go to work, school or daycare, and do not travel while sick. Before you go to the doctor's office, emergency room or urgent care, call ahead and tell them about your symptoms. Follow any instructions they provide.

If you exhibit COVID-19 symptoms (fever, dry cough, shortness of breath), inform your local health department (252) 728-8550.

If possible, walk or drive yourself to healthcare alone. You want to try to avoid exposing others to any germs you have, especially if you are seriously ill.

If you have Personal Protective Equipment (PPE) like a surgical mask or N-95 mask, wear that to prevent exposing others.

If you don't have PPE, you could use a temporary method such as wrapping a clean scarf around your mouth and nose to try to reduce droplets when you cough and sneeze.   Although this is not an approved method, it is something you can do to avoid exposing others. Just do the best you can.

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